

Course Outline/Bibliography for Parenting Toolkit for Harder to Parent Kids (CE)

- Suggestions on how to parent a very strong willed, gifted preschooler who is an extreme perfectionist, easily frustrated, and prone to multiple emotional, screaming, sometimes violent outbursts a day. He has no past trauma or other issues.
- Tips for coping with a child that gets into absolutely everything and cannot be left unattended for even a minute.
- How to cope with sensory processing disorders.
- How to get respite or in-home therapy when none seems to be available and child is not on Medicaid.
- How to find in home help for a child that needs constant supervision.
- How do you handle when “harder to parent” kids withdraw after being affectionate?
- Any idea on how to manage kids who run away or keep trying to push you away?
- In transracial adoptions, sibling conflicts can be hard/frequent with the children already in the family being perceived as better treated, simply due to that child having less behavior and defiance issues. Any suggestions appreciated.
- How can you help siblings deal with a child who has extreme behaviors? For example, our new 13-year-old son has violent temper tantrums. Our strategy is to remain calm and “ignore” the behaviors until he is calm. Our older kids think we’re letting him get away with murder because we’d never tolerate similar behavior from them.
- What to do when a child’s behaviors makes it really hard for to like her (or even love) her. How to connect with a kid that is not very easy to parent or like.
- How to deal with ODD and aggressive behaviors?

- What are some strategies parents can use when a child is raging?
- How to know when a residential treatment facility is the best option. What are the best dos and don'ts for residential placement to help the child and the family?
- If you could give just a few pieces of advice to people who are parenting the harder to parent child, what would it be?

Johnston, Patricia Irwin. *Adopting: Sound Choices, Strong Families*. Perspectives Press, 2008.

Lozier, Carol. *The Adoptive & Foster Parent Guide: How to Heal Your Child's Trauma and Loss*. Createspace, 2012.

Gray, Deborah. *Attaching Through Love, Hugs and Play: Simple Strategies to Help Build Connections with Your Child*. Jessica Kingsley Publishers, 2014.

Groza, Victor; Bosco-Ruggiero, Stephanie; Wassell, Gloria Russo. *Adopting Older Children: A Practical Guide to Adopting and Parenting Children Over Age Four*. New Horizon Press, 2014.

Badeau, Sue and Badeau, Chelsea. *Building Bridges of Hope. Helping Hands Press*, 2016.

Naftzger, Katie and Pertman, Adman. *Parenting in the Eye of the Storm: The Adoptive Parent's Guide to Navigating the Teen Years*. Jessica Kingsley Publishers, 2017.